



AHMEDABAD OBSTETRICS AND GYNAECOLOGICAL SOCIETY

# AOGS TIMES

## Nirvana

JANUARY 2023 | VOLUME 10

**Theme : Healthy Woman - Healthy Nation**

**Motto : Ethics Compassion Commitment**

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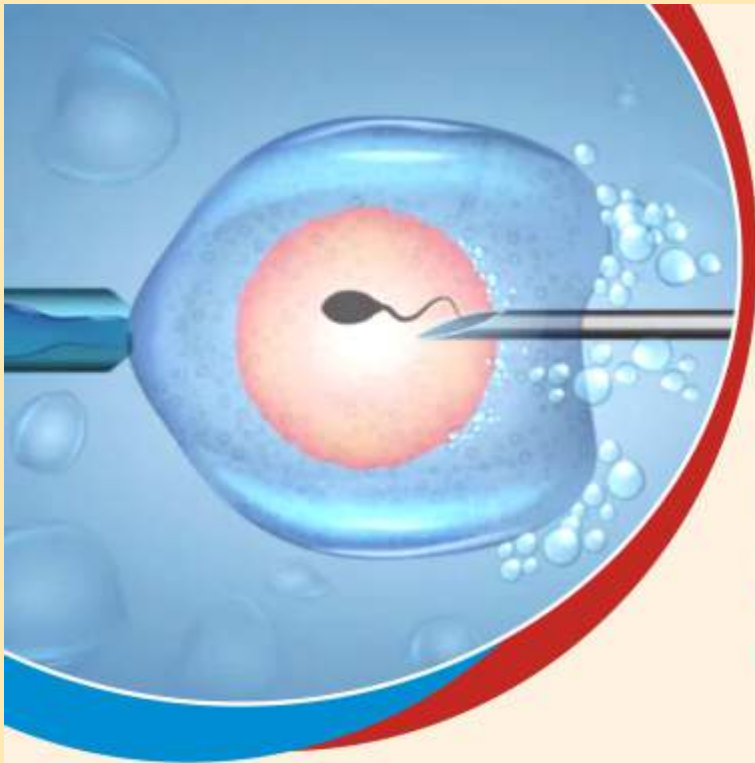
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**Dr. Kamini Patel**  
President

## TEAM AOGS MESSAGE



**Dr. Nita Thakre**  
Hon. Secretary

Life is a journey that is filled with constant changes, and one of the most fundamental truths of this journey is that every beginning has an end, and every ending is a new beginning. This is a concept that applies to almost every aspect of our lives, from our personal relationships to our careers and our life experiences.

This month, we at AOGS inaugurated our new premises with great pride. It signals the culmination of many months of negotiation and planning that went into building a place that would serve as an academic haven to all our members.

We have held 3 CME's there already, and its successful operations are a feather in our cap as members of AOGS.

This issue also carries our election notifications. Elections are one of the most fundamental components of any democratic society, whether they are held on a national level, or whether they signify a change of leadership in our AOGS. They serve as a means of giving our members a voice, as well as an opportunity to participate in the process of running this prestigious organization.

The election notification also signifies the end of a term.

Endings can be challenging, as they often require us to let go of something that we have grown accustomed to, something that we have invested time and energy into. But it's important to remember that every ending also marks the beginning of something new.

When we experience an ending, it's natural to feel a sense of loss and uncertainty about what the future holds. But it's important to recognize that endings can also bring new opportunities for growth, learning, and self-discovery.

As Socrates once said "the secret of change is to focus all your energy, not on fighting the old, but on building the new".

May we always keep growing from strength to strength and change only for the better.

PAST PROGRAMME

CME : 05.02.2022, SUNDAY



PAST PROGRAMME

CME : 12.02.2022, SUNDAY



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**Thank you! Team AOGS!**

PAST PROGRAMME

CME : 19.02.2022, SUNDAY



## MEDICAL NEWS UPDATE

### **Moderna's mRNA Skin Cancer Vaccine Shows Early Promise in a New Study**

Moderna announced on Dec. 13 that it achieved encouraging results when it turned its vaccine technology against cancer.

The company reported in a release that among 157 people with stage 3 or stage 4 melanoma, a personalized cancer vaccine that Moderna developed with Merck—created using mRNA genetic material from each patient's respective tumors—reduced the risk of recurrence or death by 44% compared to standard care.

For the first time ever, we have evidence that it's possible to develop a functional immune response that can treat patients' cancer from a randomized controlled trial," says Dr. Stephen Hoge, president of Moderna.

In the study, patients were randomly assigned to receive one of two treatments. One group was treated with the drug pembrolizumab, or Keytruda, an existing medication that releases the brake that the immune system normally has on attacking cancer cells. The other group received Keytruda and a personalized cancer vaccine using mRNA technology. All of the patients had surgery to remove their melanoma, and for the vaccine group, scientists biopsied and genetically sequenced those tumors, then identified nearly three dozen genetic, personalized tumor flags, in the form of mRNA, for each patient's immune system to recognize. These were then combined and injected in patients' arms—in the same way that the COVID-19 vaccine delivered instructions to target the virus' spike protein genes. Except in this case, the immune system was trained to target and destroy melanoma cells rather than a virus.

In the trial, patients received up to nine doses of the personalized cancer vaccine. Patients were treated and monitored for at least two years. The company has only reported patient outcomes so far—not details of the vaccinated patients' immune responses, such as their T-cell levels, which vaccines train to recognize and eliminate pathogenic cells. They are collecting that data and will provide that analysis in future presentations or publications.

Hoge says the key to the vaccine's success is that it was tailored to each patient's tumor, allowing each patient to mount a precise and targeted response to their cancer. The flexibility of the mRNA technology makes that possible.

Hoge says the patients will be followed for at least one more year, and possibly more after completing the treatment. The company's scientists will monitor how long-lasting the immune response is, and how well it holds up to future recurrences or metastases. If the results are confirmed, Hoge says it may also be possible to use the vaccine in people at earlier stages of the disease, or even in people without melanoma who are at higher risk for it to prevent them from developing tumors in the first place.

We're not there yet, and there is more work to do to figure out if we can push the 44% reduction even further," he says. "But I do think this is a transformational moment for the field [of cancer treatment], for the company, and, we hope, for patients. We had a lot of success going after viruses, but nobody has ever demonstrated that mRNA vaccines could work in a randomized controlled trial in cancer. We are starting to show with data that they absolutely can, and that they can have a bigger impact in other fields than the one for which they became famous."

Source: Time Magazine



## AHMEDABAD OBSTETRICS & GYNAECOLOGICAL SOCIETY

# SOCIAL SECURITY SCHEME

આપણી સોસાયટીની સોશિયલ સિક્યોરીટી સ્કીમ આશરે છેલ્લા ૧૫ વર્ષથી ચાલે છે.

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For More Details, Please Contact : Dr. Lata Trivedi Mo. : 79903 08240

AOGS Office : Mo.: +91 78610 11818, Ph.: +91 79 2658 6426

### EVENTS CALENDAR

- 4th-5th March- FOGSI ICOG Conference, Nagpur
- 10th-12th March- FOGSI South Zonal Conference with Yuva, Calicut
- 10th-12th March- FOGSI Has Talent 2.0 Zonal Elimination Round, Calicut
- 10th-12th March- Appreciation Awards for Presidents/Legends of Zonal FOGSI Societies, Calicut
- 24th-26th- March- FOGSI Conference on High Risk Pregnancy, Pune
- 7th-9th April- East Zone Vice President Conference, Patna
- 7th-9th April- Ms./Mr. FOGSI Pageant Zonal Elimination Round, Patna
- 7th-9th April- Appreciation Awards for Presidents/Legends of Zonal FOGSI Societies, Patna
- 14th-16th April-FOGSI Managing Committee Meeting, New Delhi
- 28th-30th April-Gestosis International Conference, Vishakhapatnam/Goa
- FIGO events:
  - 11–12 May 2023 – 14th Congress of the Société Francophone de Chirurgie Oncologique (SFCO): Paris, France
  - 12–14 May 2023 – The 75th Annual Congress of the Japan Society of Obstetrics and Gynecology: Tokyo, Japan
  - 16–18 May 2023 – 9th Annual Congress of the Society of Endometriosis and Uterine Disorders (SEUD): Abu Dhabi, UAE
  - 18–21 May 2023 – 20th World Congress of Paediatric and Adolescent Gynaecology – WCPAG 2023: Belgrade, Serbia





# Ahmedabad Obstetrics & Gynaecological Society

## Nomination form for Annual Election for year 2023-2024

The nominations are invited on prescribed form for the following posts of Ahmedabad Obstetrics and Gynaecological Society for the year 2023- 24

No	Post	No. of Post	Put tick mark against post to contest
1	President Elect	One	
2	Vice President	One	
3	Hon. Secretary	One	
4	Hon. Jt. Secretary	One	
5	Hon. Treasurer	One	
6	Clinical Secretary	One	
7	Managing Committee Members	Ten	

I, Dr. \_\_\_\_\_ propose name of

Dr. \_\_\_\_\_ for above said post for annual

election of AOGS for year 2023-24

Signature of Proposer: \_\_\_\_\_

I, Dr. \_\_\_\_\_ second name of

Dr. \_\_\_\_\_ for above said post for annual

election of AOGS for year 2023-24

Signature of seconder: \_\_\_\_\_

I, Dr. \_\_\_\_\_ give consent to contest for above

said post for annual election of AOGS for year 2023-24

Signature of Candidate: \_\_\_\_\_

**For office use**

Received nomination with requisite fees from

Dr. \_\_\_\_\_ for annual election of AOGS for year 2023 -24

Hon. Secretary, AOGS



# Ahmedabad Obstetrics and Gynaecological Society (AOGS)

## Electoral Notification for year 2023-2024

The nominations are invited on prescribed form for the following posts of Ahmedabad Obstetrics and Gynaecological Society for the year 2023- 24

No	Post	No. of Post
1	President Elect	One
2	Vice President	One
3	Hon. Secretary	One
4	Hon. Jt. Secretary	One
5	Hon. Treasurer	One
6	Clinical Secretary	One
7	Managing Committee Members	Ten

### Election Rules

- Only "A category" member of Ahmedabad Obstetrics and Gynaecological Society can contest.
- Any eligible member can contest for managing committee, only after completing one year membership in Ahmedabad Obstetrics and Gynaecological Society, and must have attended at least one GBM (General Body Meeting).
- An eligible member can contest for the post of office bearer after completing at least one year's tenure of the elected members of managing committee of AOGS and he must be an "A category" life member of AOGS.
- An eligible member can contest for the post of treasurer only after completing at least Two years as an elected member in the managing committee of AOGS.
- President-Elect will be the president for the year 2024-2025.
- A member who has served as president of AOGS cannot contest for the post of treasurer.
- The tenure for each post is of one year.
- No member shall remain on the same post for more than three (3) consecutive terms.
- The proposer, seconder and the candidates should be in good standing position without any outstanding fees/dues towards society(AOGS)
- A member can contest for the one post only.
- In case of valid nominations for more than one post, all nominations shall be considered invalid.
- Nominations fees (non refundable) for the post of managing committee member is Rs.1500 i.e Rs.one thousand five hundred only and for the post of office bearer is Rs.2500 i.e Rs.Two thousand five hundred only
- Please use prescribed form only.Nomination on and in any other form will be considered invalid.
- Nomination form will be rejected if nomination form is incomplete or form found with incorrect information.
- Important dates for election:
  - The nomination forms will be available from (1) AOGS office (during office hours 2pm to 6:30 pm). (2) AOGS Website (3) AOGS SMS link from **23rd February, 2023.**
  - The duly filled nomination form with required nomination fees should reach AOGS office **before 5 pm. on date:27.02.2023**
  - Last date for withdrawal is **01.03.2023 by 5 pm**
  - Scrutiny of forms by managing committee on **01.03.2023 at 8.00pm**
- Election procedure
  - This year election will be by E Voting(E Election)
  - Only "A" category registered member with Ahmedabad Obstetrics and Gynaecological Society will be able to vote.
  - Registered member will get link to open ballot during election time period, on registered mobile and/or registered email.
  - After opening link, registered member will have to ask for One Time Password (OTP) from either registered mobile or registered e-mail.
  - Voting will only be possible with OTP
  - Election will be open from date **12.03.2023 at 09.00 am to date 15.03.2023 at 06.00 pm**
- Annual General Body Meeting at AMA Building, Ashram Road, Ahmedabad will be held on **Date 15.03.2023 at 8.00 pm.**
- Result of election will be declared in Annual General body by President
- In case of any kind of dispute, the decision of president would be final.

*Niti Thakre*

**Dr. Nita Thakre  
Hon. Secretary**

## 5th person confirmed to be cured of HIV

Researchers are announcing that a 53-year-old man in Germany has been cured of HIV.

Referred to as "the Dusseldorf patient" to protect his privacy, researchers said he is the fifth confirmed case of an HIV cure. Although the details of his successful treatment were first announced at a conference in 2019, researchers could not confirm he had been officially cured at that time.

Today, researchers announced the Dusseldorf patient still has no detectable virus in his body, even after stopping his HIV medication four years ago.

"It's really cure, and not just, you know, long term remission," said Dr. Bjorn-Erik Ole Jensen, who presented details of the case in a new publication in "Nature Medicine."

"This obviously positive symbol makes hope, but there's a lot of work to do," Jensen said.

For most people, HIV is a lifelong infection, and the virus is never fully eradicated. Thanks to modern medication, people with HIV can live long and healthy lives.

The Dusseldorf patient joins a small group of people who have been cured under extreme circumstances after a stem cell transplant, typically only performed in cancer patients who don't have any other options. A stem cell transplant is a high-risk procedure that effectively replaces a person's immune system. The primary goal is to cure someone's cancer, but the procedure has also led to an HIV cure in a handful of cases.

The first person with HIV cure was Timothy Ray Brown. Researchers published his case as the Berlin patient in 2009. That was followed by the London patient published in 2019. Most recently, The City of Hope and New York patients were published in 2022.

"I think we can get a lot of insights from this patient and from these similar cases of HIV cure," Jensen said. "These insights give us some hints where we could go to make the strategy safer."

All four of these patients had undergone stem cell transplants for their blood cancer treatment. Their donors also had the same HIV-resistant mutation that deletes a protein called CCR5, which HIV normally uses to enter the cell. Only 1% of the total population carries this genetic mutation that makes them resistant to HIV.

The stem cell transplantation is a complicated procedure that comes with many risks, and it is too risky to offer it as a cure for everyone with HIV.

However, scientists are hopeful. Each time they cure a new patient, they gain valuable research insights that help them understand what it would take to find a cure for everyone.

"It is obviously a step forward in advancing the science and having us sort of understanding, in some ways, what it takes to cure HIV," Ellerin said.

source: Kaviya Sathyakumar, M.D., M.B.A., family medicine resident physician at Ocala Regional Medical Center in Florida and member of ABC News Medical Unit.



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IVF & Infertility Specialist  
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Diploma in Sonography (Croatia)



### Dr. AJAY PRAJAPATI

MS. Gynec (Infertility & Foetal Medicine Specialist)

### Dr. PURVI SHAH

Gynecologist  
(Fetal Medicine Expert)

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### OUR TEAM

**Dr. Nisarg Dharaiya** (Director & Chairman)

**Dr. Ushma Patel | Dr. Shetal Deshmukh**

**Dr. Khushali Shah | Dr. Rushi Patel | Dr. Krunal Modi**

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- Awarded as **NATIONAL QUALITY ACHIEVEMENT AWARDS 2021** for Best Ivf & Infertility Surrogacy Centre of Gujarat & Ahmedabad.
- Awarded as "Gujarat NU GAURAV" for work in Healthcare sector by the **CHIEF MINISTER of Gujarat Shri. Vijay Rupani**. The felicitation was done considering extensive work of SNEH HOSPITAL in field of infertility & IVF Treatment across Gujarat we announce proudly that we are the part of "JOURNEY OF GROWTH & PROSPERITY OF GUJARAT, INDIA"
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- International health care award 2017 & certificate of excellence presented to "SNEH HOSPITAL & IVF CENTER" for best upcoming IVF & Women infertility hospital of gujarat
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Dr. Shital Punjabi    Dr. Anand Patel  
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- ☑ Fellowship training certificate from FOGSI/ motherhood women's and child care hospital

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Dr. Ripal Gevariya    Dr. Anand Patel

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- ☑ Fellowship Training Certificate from FOGSI / Motherhood Women's & Child Care Hospital

**Course Fee:**

Basic	Advance
17,700/-	29,500/-

**Directors:**

Dr. Rajesh Punjabi    Dr. Anand Patel

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**Course coordinators:**

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### Our expert trainers



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Consultant Gynaecologist,  
Infertility Specialist & Advance  
Gynec Laparoscopic Surgeon



**Dr. Rajesh Punjabi**  
IVF Specialist & Advance  
Gynec Laparoscopic Surgeon



**Dr. Shital Punjabi**  
Consultant Gynaecologist  
& IVF Specialist



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